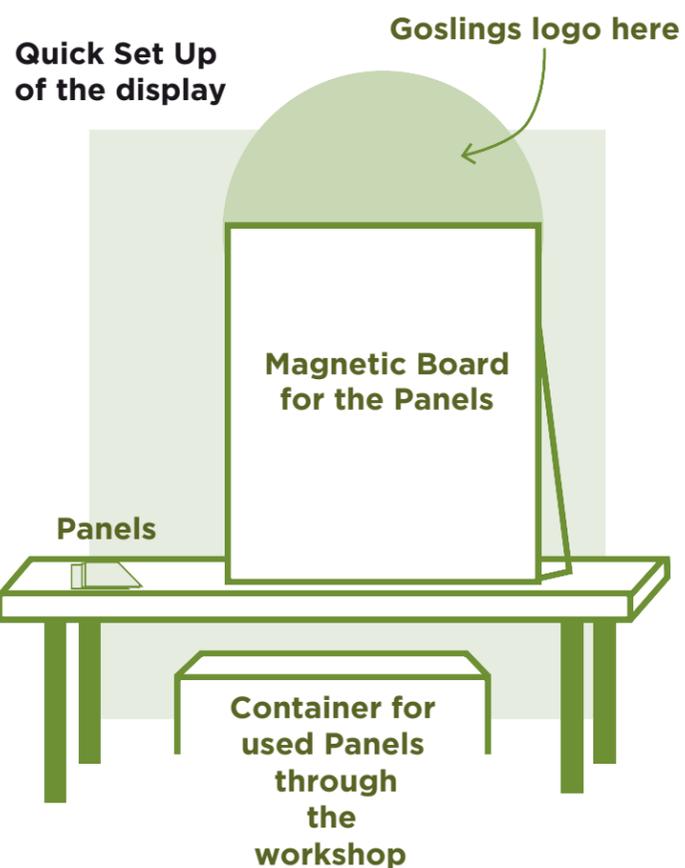


## Panels for



These panels should be printed out in color on 11 x 17 sheets of heavy paper or tagboard, and then laminated. The first page is the Goslings logo, which belongs on top of the magnetic board.

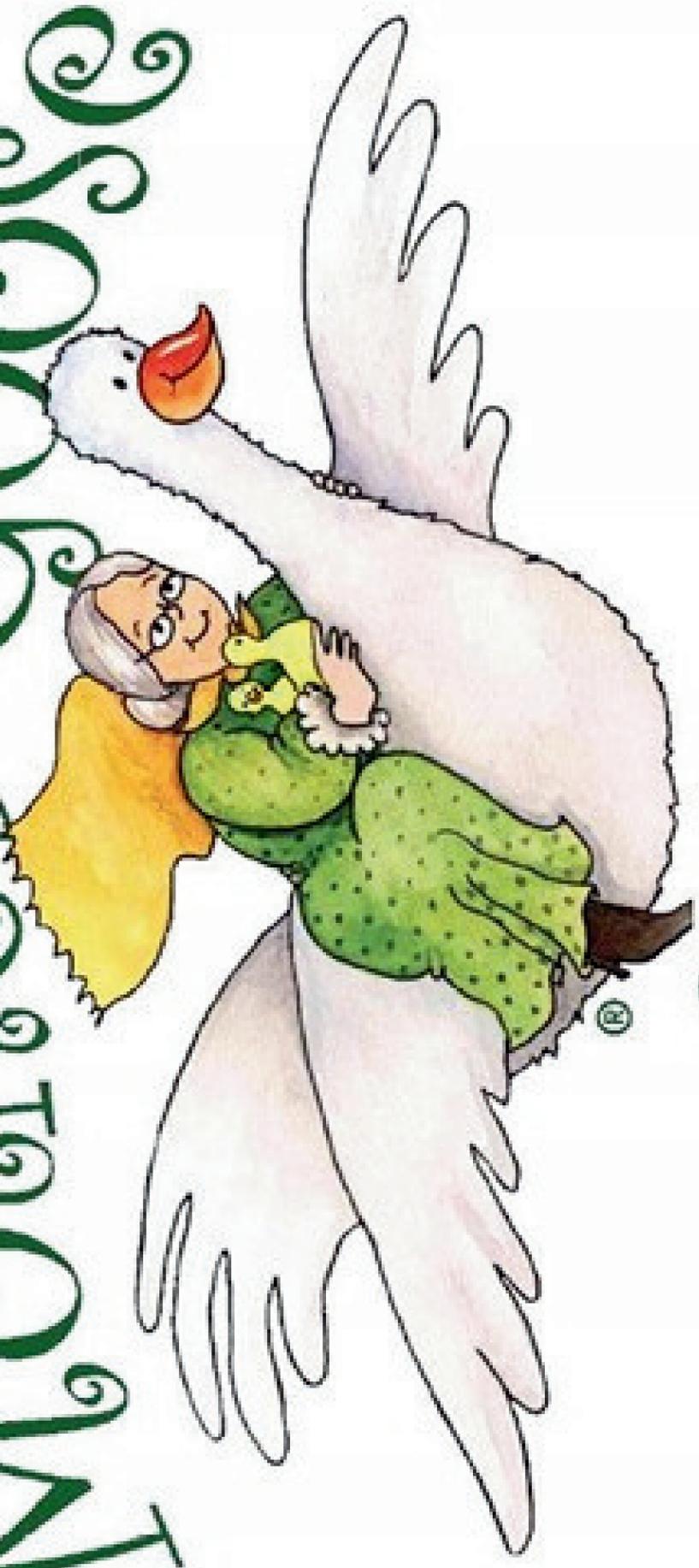
- Before laminating, cut along the outer line.
- Then laminate and trim.
- Use magnetic tape or Velcro® to attach to the top of the magnetic board.
- Remove when the program ends, and store with the rest of the panels.



# List of Panels

- i Mother Goose on the Loose Goslings Logo
- 1 Welcome
- 2 Understanding Baby Signals
- 3 Expectations
- 4 Expectations (continued)
- 5 Traffic Light
- 6 Chanting
- 7 Kits
- 8 Meet the Monkeys
- 9 Body Rhymes
- 10 More Chanting
- 11 Sharing Books
- 12 Playing Musical Instruments
- 13 More Body Rhymes
- 14 Lullabies
- 15 Animals
- 16 Bedtime Routines
- 17 About the Family Guide
- 18 Questions
- 19 Special Messages
- 20 Closing Ritual

# Mother Goose



Or The Goose  
and the Gander



WELCOME



# Welcome

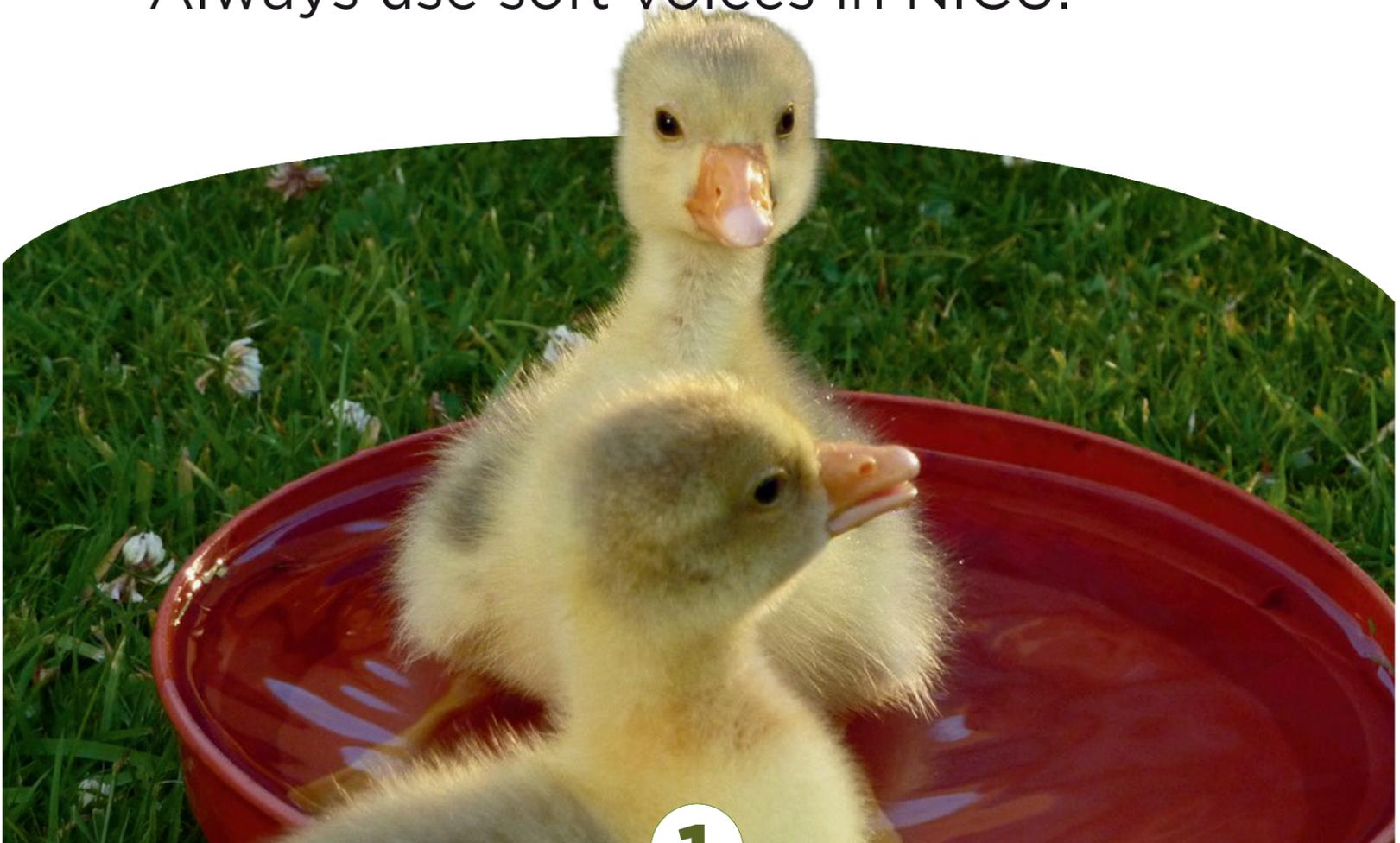
To your baby,  
your voice is the most  
beautiful sound in the world,  
and it builds your baby's brain



Time to sing!

## Two Little Goslings

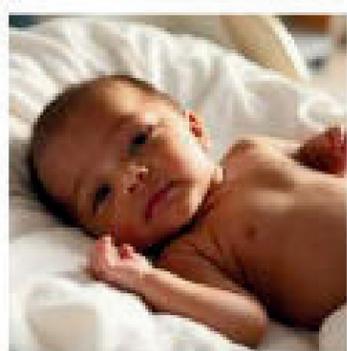
Always use soft voices in NICU.



# ***Understanding Baby Signals***

supports bonding and early learning

- **Happy and Ready**



- **Helping Myself**



- **Not Happy - Need a Change**



## EXPECTATIONS

**Every baby is different.  
Remember, your baby  
loves your voice.**



Let's sing!

**Since I Love You Very Much**

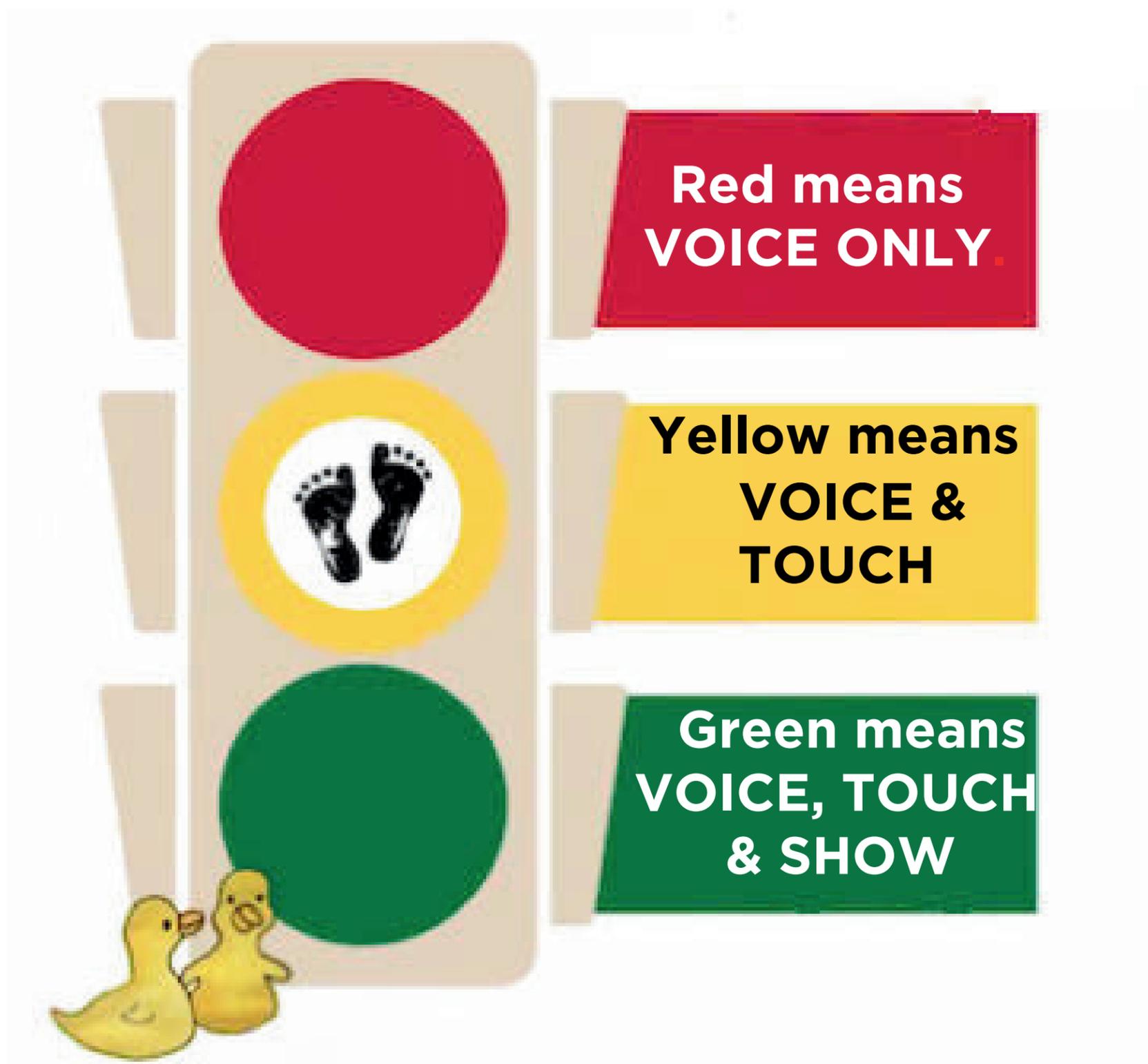
**I Love You**





## TRAFFIC LIGHT

**Every day is different.  
Pay attention to the  
traffic light signals:**



**Your nurse can help you  
identify what kind  
of day your baby is having.**

CHANTING

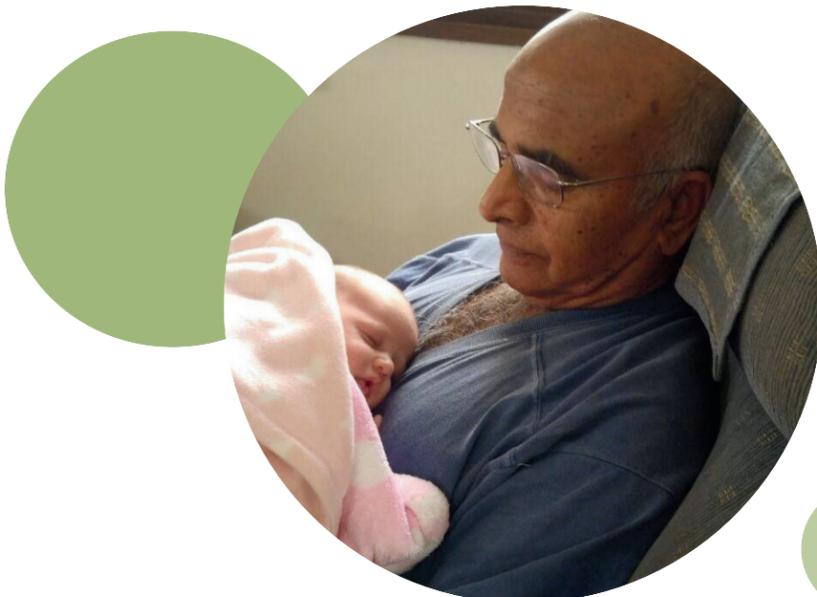
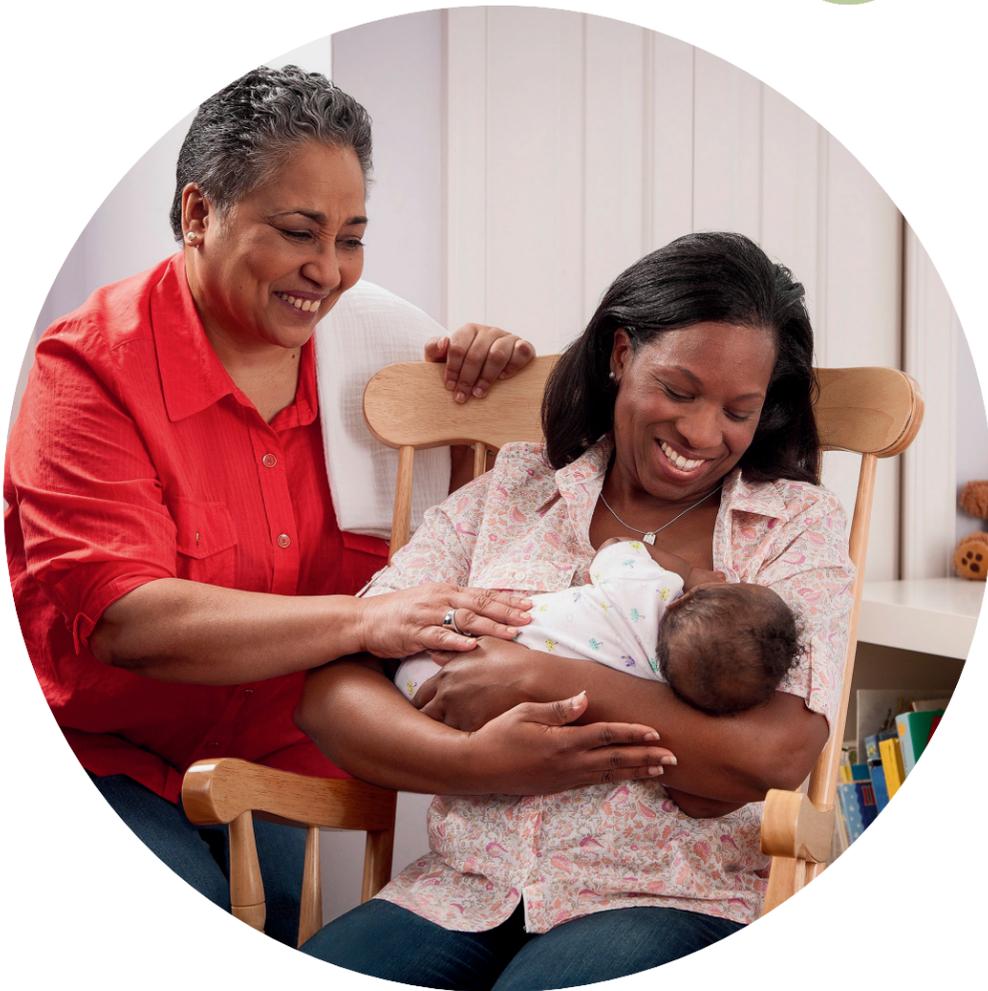
**Chanting has many benefits.**



**Let's chant!**

**Mommy/Daddy Loves  
You**

**Chant around the circle.**



## KITS

**Let's explore the kits!  
Safety and hygiene  
are important...**



## MEET THE MONKEYS

Baby's eyes develop in stages



# One Little Monkey Jumping on the Bed

Let's recite following the traffic light signals.

### Red light

softly recite,  
no monkey, no  
touch.

### Yellow light

recite with  
touch, no  
monkey.

### Green light

recite with  
monkey and  
small gestures.

.....

## Monkey Conversations!

Red Yellow Green



Recite the monkey rhyme!

**Monkey See,  
Monkey Do.  
Monkey Says,  
I Love You!**  
(Monkeys Away)

BODY RHYMES

**Sucking on fingers is  
comforting to babies and  
develops muscles.**



**Let's sing!**

**Open Them, Shut Them**

**What can we do:**

**Red      Yellow      Green**

**Try humming.**



MORE CHANTING



# Rum Pum Pum



On **red** light days when it's best to have no touching...



On **yellow** light days, while baby rests in the isolette...



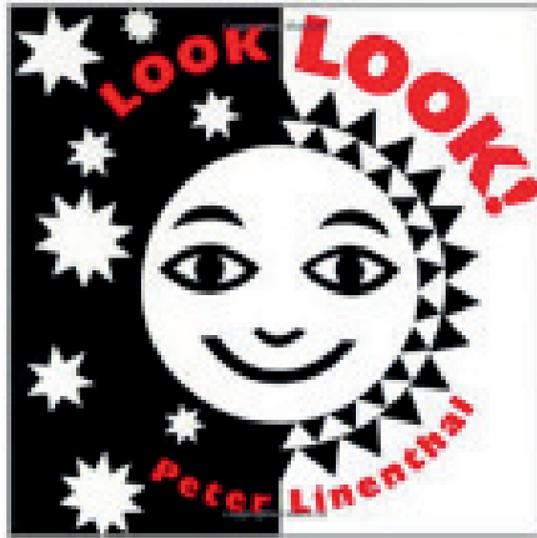
On **yellow** light days, during skin-to-skin...



On **green** light days...

SHARING BOOKS

# Books are fun!



They give you lots of things to talk about:

**The cover, the colors,  
the shapes, the story.**

**Let's read one or two pages.  
Play with the book!**



# Sounds are all around us!



**Sing along to the tune of  
Frère Jacques.  
Personalize it!**



MORE BODY RHYMES

Personalize a Classic Song



Twinkle, Twinkle, Little Star



**\*\*Use Quietly\*\***

**Take out the shaker eggs.**

**Red light**  
no touch  
no shaker.

**Yellow light**  
no shaker  
gentle touch  
on body parts.

**Green light**  
shaker egg  
with gentle  
sounds.

## LULLABIES

**Any song  
can become a lullaby.  
Shaker Eggs and Lullabies**

**\*\*Soft SoundsOnly\*\***



**Let's sing!**

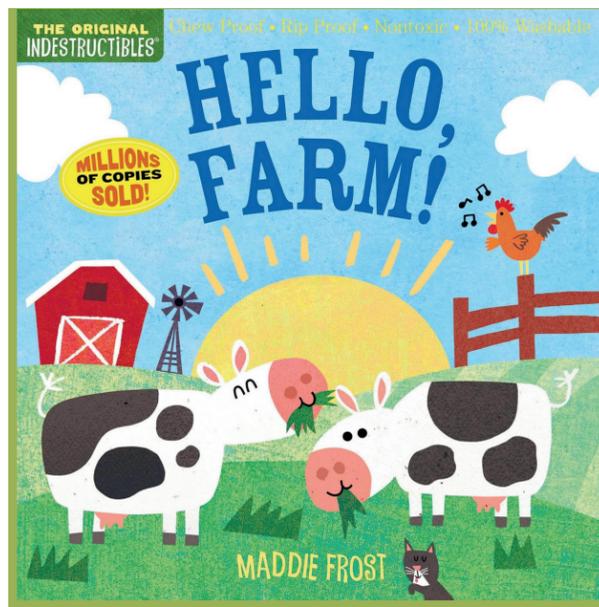
## The Alphabet Song



**Lullabies are great for  
soothing babies.  
Sing in any language.**

**Shakers Away**

## ANIMALS



# Hello Farm!

**Let's talk about the pictures...  
Can we make up a story?**



**Hello Farm! & Old MacDonald  
Use the pictures as reminders.**

**Let's sing about the animals.**

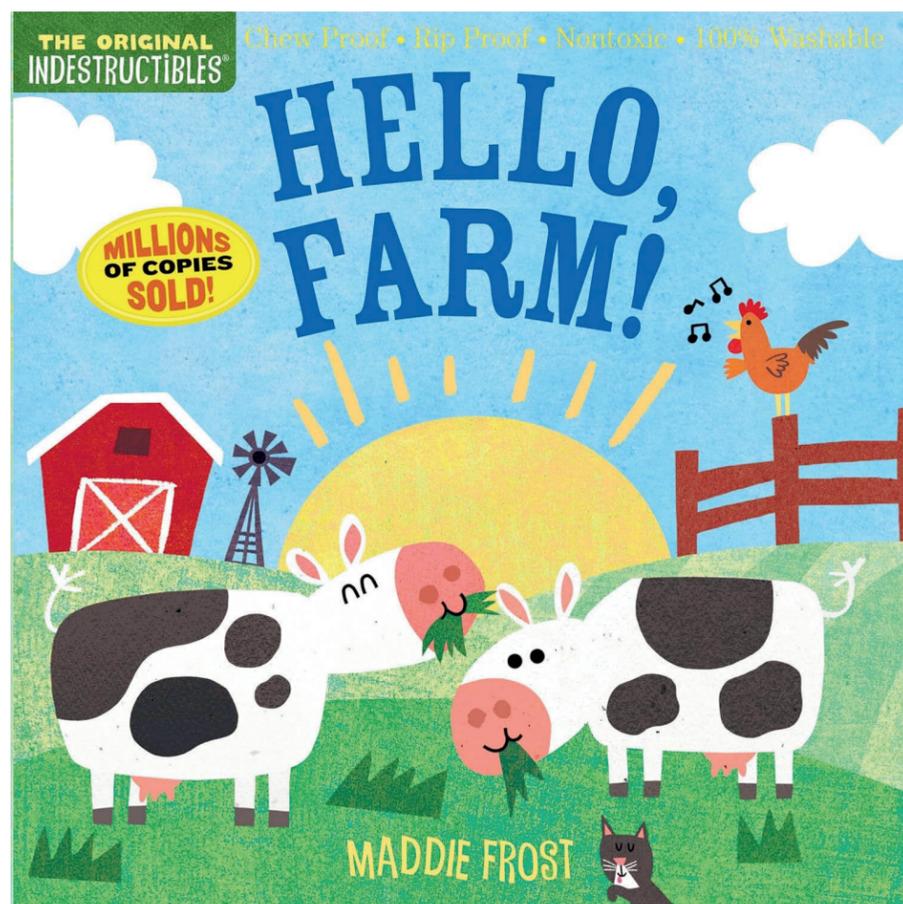
**Remember to sing softly and slowly,  
and to watch for signals.**

## BEDTIME ROUTINES

**Bedtime routines are calming and help your baby get ready for sleep.**

**They can involve:**

- reading a book aloud,
- singing a lullaby,
- giving baby a bath,
- feeding, or
- anything we've done in Goslings!



**Let's turn Hello Farm!  
into a bedtime story.**

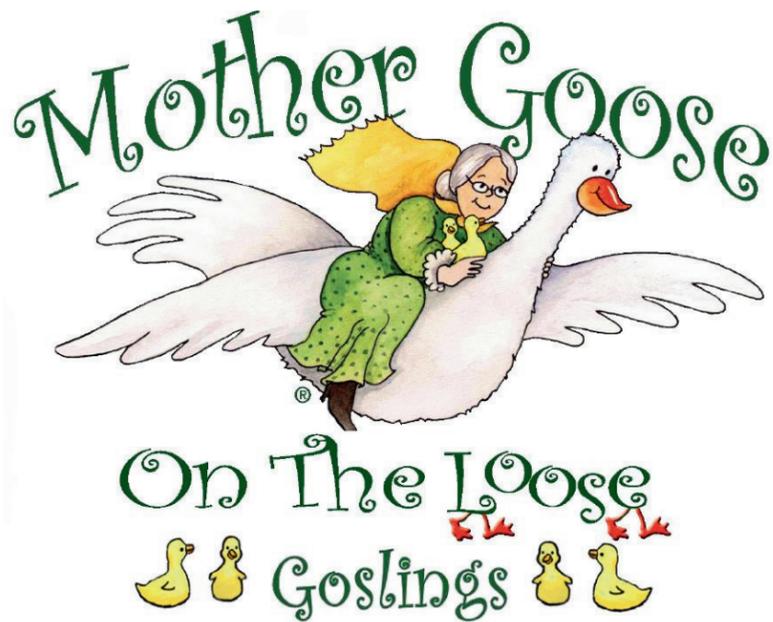
**ABOUT THE GOSLINGS FAMILY GUIDE**

**Stream and download  
the songs and chants at:**

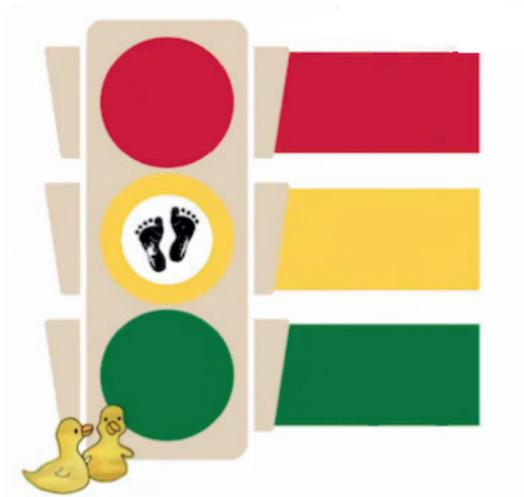


**<https://mgol.net/home/mother-goose-on-the-loose-goslings/songs/>**

## QUESTIONS



## Recap: Traffic Light



## Questions?

### Sharing Thoughts:

- What important fact did you learn?
- What would you like to try with your baby?

SPECIAL MESSAGES

# Visit Your Library!

**Most public libraries offer free programs for babies!**

**Babies need to be healthy before attending a group program and may not be allowed to attend during flu season. Check with your baby's doctor before attending a group program.**



CLOSING RITUAL

## Closing Song



**Two Little Goslings**  
**Thank you for joining us!**

**Distribute kits.**

