




SESSION 1

Cheat Sheet

Panel 1

- Welcome to MGOL Hatchlings - In the Nest . Give description.
- Fill out paperwork (mention that it's for research & photos for articles and conference presentations)
- Reassure parents not to worry if their children make noise.
- Tell parents they don't need to sit still either.
- Give guidance on what to do if a child starts loudly crying or wailing.
- Don't wake the baby!
- Your baby learns by imitating you so participate enthusiastically.
- In order for your baby to get the most out of this, cell phones off.
- Introductions: Go around the circle, adults introduce themselves and their babies

Panel 2

-  If you're happy and you know it, clap your hands.
-  Since I love you very much I'll give a kiss
 - Research: babies hear words while they are still in the womb
 - Singing, talking, and sharing books with babies builds their brains and their language skills
-  Old Mother Goose (with lyrics)

Panel 3

- To your child, your voice is the most beautiful sound in the world.
- Short attention spans = read just 1 or 2 pages, talk about the book.
- Babies prefer smiling faces over faces without expression.
- Newborns prefer high contrast black and white pictures.
- Happy Baby is your gift for coming today.

- Sturdy cardboard books are good for babies, safe and easy to clean.
- After birth, babies can see objects 8 to 10 inches from their face or the distance to the parent's face.
- Tummy time should always be supervised by an adult.

Panel 4:



Happy Baby - Share books in different ways:

Talk about the pictures.

When asking a question, watch & listen for a sound or movement and respond.

For example "Is this a fish?"

Make a fish face or fish movements.

Does anyone know a song about a fish? Sing a song about a fish.

Show the pictures.

Demonstrate sharing the book.

- Happy Baby is the first session gift.
- Take a few minutes to share a book with your baby!



Books Away

Panel 5:

- Peek-a-boo



I've got something in my pocket (lyrics are on the panel)



Eye Winker



Round and Round the Garden



This is Bill Rodriguez (show the positioning)

Panel 6:



Drum Sequence: Rum pum pum, this is my drum!

- What's your name?
- Greet everyone individually

Panel 7:

- Stand-up Actions
- Freeze games help children practice stopping!
- And we walk...
- Other gentle movement words?
- Babies learn movement words by acting them out



Handy Spandy

Panel 8:



Book: Wiggle! March!

- I Went to Visit the Farm One Day
- Making animal sounds helps children hear the small sounds in words. This helps with learning how to read.



Books Away

- Introduce frog puppet.





Little Frog on a Log (Show how arms look. Lyrics on the panel)

- Display song sheets & invite everyone to take them at the end.

 Frogs away

Panel 9:

- Using musical instruments
-  We'll All Shake Our Shakers
 - Shake to the beat – gently!
 - Changing the words to songs and rhymes keeps them fun


 Pizza, Pizza Hot

 Shakers Away

- Singing clean up songs make cleaning up fun

Panel 10:

- Singing lullabies calms and relaxes babies.
- Rocking motions and hearing your heartbeat calms them down.

 Too Ra Loo Ra Loo Ra (lyrics are on the panel)


Panel 11:

- Libraries have terrific free services:
- They have play spaces, children aren't expected to be silent
- Books, Computers
- Friendly librarians, Helpful librarians
- Programs for parents/caregivers and babies
- Future friends. Play spaces for children
- Free library cards for borrowing

many things

- Ask your pediatrician if your baby is healthy enough to go to the library


Panel 12:

 "The Library Song." (lyrics are on the panel)

Panel 13:

- The more words your baby learns, the better!
- Talk, sing, share books, and play with your child.

 Talk, Sing, Share Books, and Play

 Name one new idea from this session that you expect to practice at home with your baby.

- Thank you for coming, these babies are lucky to have you as parents.

Panel 14:

- Questions?
- Please return the kits & fill out exit surveys
- Hand each family unit a book, a bag, a calendar, and a Hatchlings song book.
- Group picture time! Be sure your nametag shows.
- Say "Good-bye" and "I hope to see you next week" to each person individually. SMILE at them to show how glad you were to see them.