**Mother Goose on the Loose - One Hour Program**

**Additions for a 45 minute program for preschoolers**

**There** are a few differences between a typical 30 minute MGOL program and a 45 minute program. The 45 minutes program will be geared for older children, so there should be less repetition. 50-60% repetition from session to session is fine.

You may want to sing all the verses to a song (such as “If You’re Happy and You Know It”) rather than just singing the first verse twice.

Preschoolers can sit still for longer books. Since research suggests that there is great value in exposing young children to non-fiction books, Port Discovery has set aside a collection of books which can be used in the longer MGOL programs. Read the descriptions below of the books, their content, and suggested activities to go along with them. The books described below are kept on the metal shelf next to Betsy’s desk labeled, “Non-fiction books for the long MGOL Outreach program.”

You may also want to add some recorded music in the middle of the program with a different percussion instrument. For instance, after you have done your “Bells” section, you might want to hand out shaker eggs and shake along to Laurie Berkner’s “I Know a Chicken.”

**Non-Fiction books**

**for the 45 minute other Goose on the Loose Program**

**Arnosky, Jim. *Rattlesnake Dance***

*Children who are used to be being read to can listen to this book being read in one sitting.*

Can be combined with “I’m Being Eaten by a Boa Constrictor”

Children can make hissing snake sounds.

Children can give colored scarves, and then can slither them around on the floor while making snake noises.

Can be followed by creative movement

Slither like a snake

Fly like a bird

Jump like a frog

Swim like a fish

Scratch like a money

Stretch your neck like a giraffe

Use the bells with ribbons on them (In the Once Upon a Doorstep boxes, stored in the Tot Trails Closet). Give one to each participant. Play music and pretend the ribbons are snakes wriggling on the floor.

**Non-Fiction books**

**for the 45 minute other Goose on the Loose Program**

**Bingham, Kelly & Paul O. Zelinsky. *“Z is for Moose.***

*This book will only work on groups of children who are already familiar with the letters of the alphabet. You may have to explain the pictures since they help to tell the story.*

Sing the alphabet song.

Try to twist your body into the shape of some letters. The easiest are:

Y, T, L, C, D, I, J, O, P, S

Moose had a lot of different feelings. Let’s sing a song about feelings.

“If You’re Happy and You Know it”

Play the FACE Game.

Show me how you smile when you are happy.

How do you frown when you are sad?

How does your face look when you are surprised?

What does your face look like when you are sleepy.

How you look when you are angry?

How do you look when you are the happiest?

**Dyckman, Ame. *Boy + Bot***

*With children who are used to be being read to, this book can be read in one sitting.*

Play some electronic music and have everyone make up their own robot dance.

Practice walking like a robot with stilted movements.

Practicing answering questions with “Affirmative” rather than “Yes.”

Sing and do the movement to “Miss Polly”

Miss Polly had a dolly who was sick, sick, sick

So she called for the doctor to come quick, quick, quick.

The doctor came with his bag and his hat,

And he knocked on the door with a rat-a-tat-tat.

He looked at the dolly and he shook his head.

He said, “Miss Polly, put her straight to bed!”

He wrote on a paper for a pill, pill, pill,

“I’ll be back in the morning with my bill, bill, bill.”

**Graves, Linda. *The Hokey Pokey: Sing With Me***

Sing and dance to this book at the same time.

Ask the children to make up their own verses and dance along to those!

Do other circle dances such as:

* “London Bridge is Falling Down
* Ring Around the Rosy, tickle all your tosies. Jump up, Squat down, we all turn around.
* Sally Go ‘Round the Sun
* Pop Goes the Weasel

Show the pictures from this book again. Ask the children to name the animals in the pictures and make the noises that those animals make.

**Non-Fiction books**

**for the 45 minute other Goose on the Loose Program**

**King, Sue. *A Day in the Ocean: An Eye-Catching Pop-Up Book***

*This book can be read in one sitting.*

Ask the children to raise their hands if they have ever seen the ocean.

What kinds of things live or swim in the ocean?

Do some creative movement activities based on the book:

Pretend your hands are claws like the claws on a lobster.

Can you shake like an eel with a shock?

Sit down and lift your feel in the air. Move them like flippers.

Pretend you are a clam. Open and close the top of your shell.

Stretch out your long and strong jellyfish tentacles.

Make rumbling noises like blue whales.

Hand out color scarves. Play the song “Under the Sea” from Georgina Stewart’s *Songs for Scarves CD* and ask everyone to dance and wave their scarves to it.

**Lyon, George Ella & Katherine Tillotson. *All the Water in the World***

*With children who are used to be being read to, this book can be read in one sitting.*

Sing “If All the Raindrops Were Lemon Drops and Gum Drops”

Arrange for an activity after the program – you will need, rocks, paint brushes, and water.

* Put a plastic tablecloth on the floor.
* Give each child a rock to put on the tablecloth.
* Have a few bowls with a minimal amount of water in them placed at strategic intervals around the tablecloth.
* Give each child a paintbrush.
* Watch as the children paint their rocks with water and turn them shiny!

**Roca, Nứia. *The 5 Senses.****For 3-6 year olds, a few pages can be read during each session. This book is too long to read all in one session. But it is a fun book.*

Recite “Two Little Eyes”

Two little eyes to look around.

Two little ears to hear a sound.

One little nose to small what’s sweet *(take a deep sniff and pause)*

And one little mouth, that likes to eat… Yum, yum, yum! *(rub tummy)*

Bring is a few things for the senses

A piece of yarn for the children to feel.

A flower for them to smell.

A picture for them to see.

A maracas for them to hear (when they shake it)

**Non-Fiction books**

**for the 45 minute other Goose on the Loose Program**

**Schwartz, David M. & Yael Schy. *What in the Wild?***

*Read only the main text. Show the pictures behind the flaps and read the heading. If you have a sophisticated group of children, you may want to read a few sentences more. Do not feel obligated to go through the entire book. Just show a few of the panels and stop while the children are still interested.*

You may want to choose volunteers to lift up the flaps.

Sing ”The Ants Go Marching One by One.” Have a parade. Use musical instruments as part of your parade.

Play Hap Palmer’s song “The Elephant” from “Learning Basic Skills Through Music.”

Walk around the circle slowly for the verses.

Run around the circle for the “Rumble through the jungle” chorus.

**Wadsworth, Ginger. *Up, Up and Away***

*This is a longish book that should only be read to children who are used to be being read to.*

Can be combined with “The Itsy Bitsy Spider”

Can be combined with “There’s a spider on the floor”

Can go along with a game

Children sit in a tight circle.

Hold a ball of yarn in your hand. Hold onto the end piece and roll the ball to a child sitting across the circle from you.

Ask the children to hold onto a piece of the yarn, and continue rolling the rest of the ball of yarn to someone across the circle.

You will end up with a web made of yarn!